



## WEEK 1

### MONDAY (meat free)

**PASTA BAKE**, crunchy veggie bites & sweetcorn.  
Or Jacket potato & baked beans.  
Carrot Cake

### TUESDAY

**BANGERS & MASH** (Meat or Vegetable), peas and gravy and/or baked beans.  
Ice Cream

### WEDNESDAY

**ROAST** (Chicken or Quorn), gravy & vegetables of the day.  
Fruit Crumble & Custard

### THURSDAY

**LASAGNE** (Beef or Veg), garlic bread, crunchy veggie bites & broccoli.  
Jelly & Fruit

### FRIDAY

**FISH FRIDAY**  
Fish & chips or Bean Burger & chips, baked beans & peas.  
Or Jacket potato & Cheese.  
Chocolate Shortbread Biscuit

## WEEK 2

**PIZZA**, potato wedges, vegetable sticks & baked beans.  
Or Jacket potato & salmon mayo.  
Mousse Delight

**CHICKEN NOODLES or VEG RICE**, broccoli & sweetcorn.  
Upside-Down Pineapple Cake with Yoghurt

**ROAST** (Gammon or Broccoli Cheese Bake), gravy & vegetables of the day.  
Flapjack

**HOTDOG** (Meat or Vegetable), pasta, sweetcorn & crunchy veggie bites.  
Fruit Cobbler & Custard

**FISH FRIDAY**  
Fish fingers, chips, peas & beans.  
Cheese & Baked Bean Wrap, chips, peas & beans.  
Or Jacket potato & baked beans.  
Crunchy Chocolate Crispy

Fruit & yoghurt and homemade bread served daily.  
If meals are not suitable for allergies/special diets, we can offer jacket potato as an alternative option