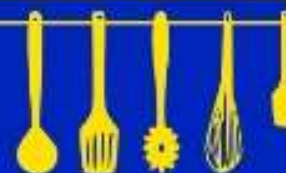
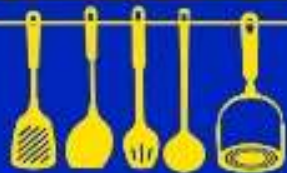




# Autumn MENU



## WEEK 1

## WEEK 2



### MONDAY (meat free)

**PIZZA & PASTA SALAD** served with baked beans.  
Or Jacket potato & baked beans or salmon mayo & salad.  
Carrot cake

### TUESDAY

**BANGERS & MASH** (Meat or Veg), peas & beans & gravy.  
Mousse Delight & fruit

### WEDNESDAY

**ROAST CHICKEN PIECES** or **TOMATO & CHICKPEA PUFF PASTRY PIE**,  
roast potatoes, veg of the day and gravy.  
Fruit crumble

### THURSDAY

**BEEF LASAGNE** or **SWEET POTATO & MIXED BEAN CRUMBLE**, served  
with garlic bread, broccoli & peas.  
Chocolate brownie & yogurt

### FISH FRIDAY

Fish & chips  
Or Quorn burger & pasta  
Or Jacket potato with cheese, all served with baked beans & peas.  
Crunchy oat cookie

### FRIDAY

**PIZZA & POTATO WEDGES**, served with sweetcorn & baked beans.  
Or Jacket potato with tuna mayo or baked beans.  
Jelly & fruit

**MEATBALLS & PASTA** or **TOMATO PASTA BAKE** served with broccoli &  
peas.  
Apple sponge & yogurt

**ROAST GAMMON** or **QUORN SAUSAGE ROAST**, served with roast  
potatoes, veg of the day and gravy.  
Pineapple upside-down cake & custard

**CHICKEN NOODLES STIR FRY** or **VEG STIR FRY**  
Ice Cream & fruit with chocolate sauce

### FISH FRIDAY

Fish Fingers & chips  
Cheese & baked bean wrap  
Or Jacket potato & baked beans, all served with baked beans & peas.  
Chocolate & vanilla shortbread biscuit

Fruit & yoghurt and homemade bread served daily.

If meals are not suitable for allergies/special diets, we can offer jacket potato as an alternative option