



WEEK 1

WEEK 2

MONDAY
(meat free)

PIZZA & PASTA SALAD served with baked beans.
Or Jacket potato & baked beans or salmon mayo & salad.
Carrot cake

MAC 'N' CHEESE, served with sweetcorn & baked beans.
Or Jacket potato with tuna mayo or baked beans.
Jelly & fruit

TUESDAY

BANGERS & MASH (Meat or Veg), peas & beans & gravy.
Mousse Delight & fruit

MEATBALLS & PASTA or TOMATO PASTA BAKE served with broccoli & peas.
Apple sponge & yogurt

WEDNESDAY

ROAST CHICKEN PIECES or TOMATO & CHICKPEA PUFF PASTRY PIE,
roast potatoes, veg of the day and gravy.
Fruit crumble

ROAST GAMMON or QUORN SAUSAGE ROAST, served with roast potatoes, veg of the day and gravy.
Pineapple upside-down cake & custard

THURSDAY

BEEF LASAGNE or SWEET POTATO & MIXED BEAN CRUMBLE, served with garlic bread, broccoli & peas.
Chocolate brownie & yogurt

CHICKEN NOODLES STIR FRY or QUORN NUGGETS and crispy diced potatoes, all served with sweetcorn & broccoli.
Or Jacket Potato & cheese.
Ice Cream & fruit with chocolate sauce

FRIDAY

FISH FRIDAY
Fish & chips
Or Quorn burger & pasta
Or Jacket potato with cheese, all served with baked beans & peas.
Crunchy oat cookie

FISH FRIDAY
Fish Fingers & chips
Cheese & baked bean wrap
Or Jacket potato & baked beans, all served with baked beans & peas.
Chocolate & vanilla shortbread biscuit

Fruit & yoghurt and homemade bread served daily.

If meals are not suitable for allergies/special diets, we can offer jacket potato as an alternative option