

WEEK 1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL

MAC 'N' CHEESE

SAUSAGE PASTA BAKE

ROAST GAMMON WITH
ROAST POTATOES &
GRAVY

SWEET & SOUR
CHICKEN WITH RICE

FISH & CHIPS

JACKET POTATO
TUNA MAYO OR BAKED
BEANS

CHEESEY VEGETABLE
PARCEL

CHEESEY BROCCOLI
BAKE WITH ROAST
POTATOES & GRAVY

MILD BEAN CHILLI WITH
RICE

SALMON BITES & CHIPS

JACKET POTATO &
CHEESE

All main meals are served with seasonal vegetables / salad sticks / salad

DESSERT

FRESH FRUIT &
YOGHURT

RICE PUD & FRUIT

UPSIDE-DOWN FRUIT
SPONGE & CUSTARD

ICE CREAM & FRUIT

SHORTBREAD BISCUIT

Fruit & yoghurt and homemade bread available daily.

If meals are unsuitable for allergies/special diets, we can offer jacket potato as an alternative.

WEEK 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL

CHEESE PIZZA &
WEDGES

SAUSAGE, MASH &
GRAVY

ROAST CHICKEN WITH
ROAST POTATOES &
GRAVY

BEEF BOLOGNESE WITH
PASTA

FISH & CHIPS

FRITTATA & WEDGES

VEGGIE SAUSAGE,
MASH & GRAVY

SWEET POTATO
CHICKPEA CRUMBLE
WITH ROAST POTATOES
& GRAVY

TOMATO PASTA BAKE

BEAN BURGER & CHIPS

JACKET POTATO &
CHEESE

All main meals are served with seasonal vegetables / salad sticks / salad

DESSERT

FRESH FRUIT &
YOGHURT

FRUITY FLAPJACK

FRUIT CRUMBLE &
CUSTARD

FRUITY CINNAMON
CAKE

OAT COOKIE

Fruit & yoghurt and homemade bread available daily.

If meals are unsuitable for allergies/special diets, we can offer jacket potato as an alternative.